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Grade 4 Title/Subject The Best Breakfast for a 4th Grader

The following sections are included in this Teacher Version:

- Process: Day 1, 2 and 3
- · Teacher Directions for Scoring Rubric
- Student Prompt and Articles

Overview

On Day 1 students will engage in a shared reading and note-taking activity using opinion texts to learn about best breakfasts for a 4th grader and why. On Day 2, after the group activity, they will be directed to plan, and begin to draft an opinion writing piece about which breakfast is best utilizing the information they read in the texts as well as notes they took during the shared lesson. On Day 3 students will finish their drafts, revise and edit their writing, and if they choose, produce a final copy.

Process

DAY 1: Shared Reading and Note-taking: Up to 40 minutes

Step 1: Connect to Background Knowledge ~ 5 minutes

Provide an introduction to the classroom activity by indicating that after this activity, students will be writing an opinion piece focused on the topic of healthy breakfasts for 4th graders. Ask students to share their opinions orally. Possible questions could include:

"What kinds of breakfast do you think are best for a 4th grader? Why?

Have students list their ideas on individual white boards. Next have them discuss their choice with a partner. Finally, have students share out their ideas and list them on a piece of chart paper. Be sure to encourage them to state WHY they think their choice is best.

Step 2: Accessing the Information ~ 20 minutes

- 1. Explain: "Now we will read about healthy breakfasts for kids. You will be writing an opinion paper to your teacher about what breakfast you think is best for a fourth grader and include information from the articles provided in your reasons." Use the information from the texts to supply your reasons. Point out important facts and features (pictures, captions, etc.) Use ONLY the sources provided in this prompt packet.
- 2. Lead a whole class discussion about the sources. You may take notes next to the text and/or make a word bank.
- **3.** Think-Pair-Share: "Tell your partner what you learned about breakfast" Make sure both partners have time to share with each other.



DAY 2: Planning and Writing a Draft: Up to 40 minutes

Step 3: Clarify Expectations for the Writing Task: ~ 5 minutes

Explain: "In a few minutes you will have a chance to look at the sources, plan, and write a draft to explain to me what kind of breakfast is best for a 4th grader. Tomorrow you will have a chance to change and edit your work from today or add more details."

Review the student directions and checklist for the writing assignment and give each student a sheet of blank paper for planning and lined paper for writing.

Step 4: Planning and Drafting: ~ 35 minutes

Tell students to begin planning their writing on the blank sheet of paper. You can remind them of planning strategies you have taught in your classroom such as outlining, lists, webs, or drawing. Don't provide a plan yourself just remind them of the strategies for planning.

After 10 minutes suggest to students that they begin writing their drafts.

Collect all materials from Day 2.

DAY 3: Up to 40 minutes

- Allow students to access the sources, their notes, the classroom activity charts/key word lists, and their draft.
- 2. Direct students to re-read their draft from Day 2. Review the task using the student checklist poster. Suggest to students to add reasons and information to their opinion statement about healthy breakfasts and which one is best.
- **3.** When students are finished writing, remind them to reread and check for capitals and periods.
- 4. Collect all student writing materials.

Teacher Directions for Scoring Rubric:

Use the opinion writing rubric to score the writing and enter a score for each student into assessment log.

Common Core Standards



Opinion Writing Performance Task

Grade	. 4	4	Opinion Writing Rubric	
Level		OPINION WRITING	LANGUAGE CONVENTIONS	WITH GUIDANCE and SUPPORT FROM ADULTS
4 Exceeds		Meets all expectations set forth in 3 Document is well organized and connected Both opinion and conclusion are clear and well stated Reasons are well organized with appropriate details	Mostly correct use of language conventions, and some above grade level skills used, for example: ☐ Meets all expectations set forth in 3 ☐ Uses underlining, quotation marks, or italics to indicate titles of works ☐ Recognizes and corrects inappropriate shifts in verb tense.	Guidance & Support Level of guidance and support from
3 Meets		Introduces topic clearly and states an opinion Creates organizational structure that groups related ideas to support writer's purpose (W1a) Supplies reasons that support opinion with facts and details (W1b) Links opinion and reasons with words/phrases such as for instance, in order to, in addition (W1c) Provides a concluding statement or section related to the opinion (W1d) WRITING PROCESS (W4-W8) Uses clear and coherent writing in multiparagraph texts that is appropriate to task, purpose, and audience (W4) WGASFA* Develops and strengthens writing by planning, revising, and editing (W5) WGASFA* Uses a variety of digital tools to write and publish writing (W6) WGASFA* Can keyboard/ type a minimum of one page in a single sitting (W6) Takes notes, paraphrases, and categorizes information, and provides a list of sources (W8) Draws evidence from text (W9)	Adequate use of correct sentence formation, punctuation, capitalization, grammar usage and spelling for grade level, for example: Produces complete sentences, recognizing and correcting inappropriate fragments and run-ons (L1f) Correctly uses frequently confused words (e.g., to, too, two; there, their) (L1g) Writes fluidly and legibly in cursive or joined italics. (L1h) Uses correct capitalization (L2a) Uses commas and quotation marks to mark direct speech and quotations from a text (L2b) Uses a comma before a coordinating conjunction in a compound sentence. (L2c) Spells grade-appropriate words correctly, consulting references as needed. (L2d) Chooses words and phrases to convey ideas precisely (L3) Chooses punctuation for effect (L3)	adults before writing: Check off what was done before the student wrote the piece being scored. Discussion Read aloud or shared reading Drawing Vocabulary word bank Shared or interactive writing Graphic organizer Language
1 2 Does Not Meet Almost Meets	M	Opinion is clear but some reasons are unrelated May not write multi-paragraphs Planning for writing is limited Provides few facts and details Draws little evidence from text Uses some linking words/phrases but ideas are scattered Provides few or no details or facts Provides no concluding statement or is unrelated to opinion Document is disorganized or incomplete	Limited use of correct sentence formation, punctuation, capitalization, grammar usage and spelling for grade level, for example: Uses some punctuation correctly Uses some sentence variety correctly Spells most words correctly Infrequent use of correct sentence formation, punctuation, capitalization, grammar usage and spelling for grade level, for example: Many words spelled incorrectly Has many errors in capitalization Writes few complete sentences or only simple sentences Punctuation includes many errors or is missing	frames

• WGASFA: "with guidance and support from adults"

This rubric was adapted from rubrics at sbusd.org and information from Smarter Balanced Assessments (www.smarterbalanced.org) using the California Common Core Standards at www.cde.ca.gov.



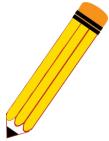




			Student Version
Grade	4	Title/Subject	The Best Breakfast for a 4 th Grader

Student Prompt:

As you think about what you just read, write a multi-paragraph essay to explain to your teacher your opinion about which breakfast you think is best.



Writi	ng lips:		
	Be sure to introduce the topic, state your opinion, and group related facts together.		
	Use facts from the sources to develop your ideas.		
	You may want to include definitions and illustrations to help your teacher clearly understand what you learned.		
	Use linking words such as <i>for instance, in order to, in addition, because, also, therefore, since, for example, and, also,</i> etc. to link your opinion and reasons.		
	End with a concluding statement or section.		
Remi	inders:		
	You can look at the sources and your key word list to help you with your writing.		
	You might begin by making a plan or drawing a graphic organizer to help you with your thinking.		
	Do not copy sentences from the sources.		
Step	1: Plan		
	Make a plan on the blank paper for your writing.		
Step	2: Draft		
	Write a topic sentence with your opinion clearly stated.		
	Supply reasons that support your opinion with facts and details.		
	Group information together as you write.		
	Write a concluding sentence or paragraph.		
	Provide a list of sources.		



Step 3: Reread and Revise

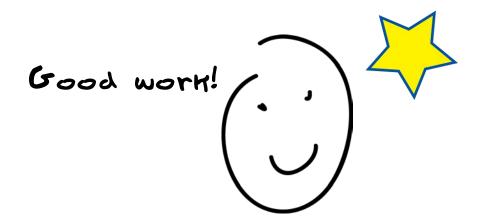
- □ Does it make sense?
- ☐ Is there missing information you want to add?
- ☐ Does it fit your task, purpose, and audience?

Step 4: Edit

- ☐ Capitals at the beginning of sentences
- ☐ Capitals for proper nouns
- □ Punctuation: (end points) . !?
- ☐ Commas , quotation marks " "
- □ Spelling
- ☐ Complete sentences; avoid run-ons and fragments.

Step 5: Final Draft

☐ Recopy and fix your mistakes.



Common Core Standards



Opinion Writing Performance Task

			Student Reading Text
Grade	4	Title/Subject	The Best Breakfast for a 4 th Grader
			Article 2

From Scholastic.com

It's Brain Food!

Secrets about snacks that can help you succeed.

http://www.scholastic.com/parents/resources/article/health-nutrition/its-brain-food

Article has been excerpted/abbreviated



What's the big deal about breakfast?

That morning munchfest is totally essential for energy — and this is especially key leading up to a test.

Why? When you eat food in the morning, you're giving your body the necessary vitamins and minerals that affect the way you concentrate, the way you absorb information, and the way you function in class. Think of it this way: it's pretty tough to learn the dates of the Civil War when your eyes droop closed and you can't focus on the blackboard.

So dig into the breakfast of academic champions every morning. It'll boost your memory skills, you'll be more alert, and it could translate into test success. You have to actually *study* too, but having breakfast definitely helps!

A Week's Worth of Ideas for Morning Meals Leading Up to Test Day

Monday: Cheerios with a banana sliced up. Stick to low sugar cereals, like Cheerios or Crispix, and add some fruit to naturally sweeten it. Cereal is filling, easy to make, and tastes good — the perfect way to start the week.

Tuesday: Scrambled eggs with wheat toast. Eggs are a good source of protein, and with a slice of toast, you'll have a combination of nutrients that will give you extra oomph all morning.

Wednesday: Whole-wheat bagel with jelly or cream cheese. Multi-grain or whole-wheat bagels are more nutritious than plain white ones, and a tablespoon of jelly or cream cheese is a better choice than heavy butter. Plus, bagels are great for an on-the-go breakfast if you're in a rush to get to school for extra studying.

Thursday: Yogurt with granola. Get a big dose of calcium from the yogurt, and put granola on top for a satisfying crunch. Almost as satisfying as reviewing for the test and knowing all the answers!

Friday: Oatmeal with brown sugar and cinnamon. Oatmeal is truly a winner — it has a mix of protein, fiber, and carbohydrates, which will keep you energized and alert during the test. Sprinkle your oatmeal with a bit of brown sugar or cinnamon to make it sweeter; better yet, add some fresh berries! After all, it's Friday, and you deserve a treat for preparing yourself so well.



Student Reading Text

Grade

4

Title/Subject

The Best Breakfast for a 4th Grader Article 2



MyPlate

Excerpt from Wikipedia, the free encyclopedia http://en.wikipedia.org/wiki/MyPlate

Guidelines

MyPlate is divided into sections of approximately 30 percent grains, 30 percent vegetables, 20 percent fruits and 20 percent protein, accompanied by a smaller circle

representing dairy, such as a glass of milk or a yogurt cup.

MyPlate is supplemented with additional recommendations, such as "Make half your plate fruits and vegetables," "Switch to 1% or skim milk," "Make at least half your grains whole," and "Vary your protein food choices." The guidelines also recommend portion control while still enjoying food, as well as reductions in sodium and sugar intakes. [1]

In unveiling MyPlate, <u>First Lady Michelle Obama</u> said, "Parents don't have the time to measure out exactly three ounces of chicken or to look up how much rice or broccoli is in a serving. ... But we do have time to take a look at our kids' plates. ... And as long as they're eating proper portions, as long as half of their meal is fruits and vegetables alongside their lean proteins, whole grains and low-fat dairy, then we're good. It's as simple as that."[8]